

Camp Katonim

2023 PARENT HANDBOOK



THE KATONIM PHILOSOPHY

Through the spirit of fun, friendship, encouragement and acceptance,
our camp provides a warm and comfortable environment
for the enrichment of children's lives!



Welcome!

We are very happy to welcome you to this exciting season at Camp Katonim. We are very much looking forward to a wonderful summer at camp, filled with fun for all of our campers.

Our entire staff recognizes that our campers are our highest priority. This is why much planning and preparation has been put into our camp programs, to ensure utmost safety & optimal fun!

We have an exciting calendar of events set in motion to keep our campers consistently engaged in the camp experience throughout the summer!! We will be sharing more information in June about the schedule of special days and evening programs we will be running.

We wish everyone a safe and fun return to summer!

♥ *The Staff at Camp Katonim*

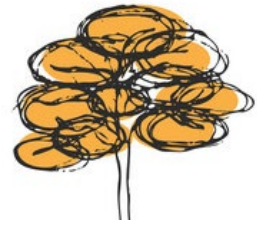


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CAMP KATONIM INFORMATION

Phone: 416-907-9908

Email: info@campkatonim.com

Web: www.campkatonim.com

Camp Katonim

92 Pine Post Road

P.O. Box 1042

Roches Point, Ontario

LOE 1P0

Office Hours (Monday through Friday)

7:45 am - 9:30 am - Arrival / Absence issues only

9:30-12 pm - 1 pm -3:30 pm - Office Hours

3:30 pm – 4:30 pm - Departure issues only (phone)

4 pm - 5 pm - Phone / Email



Directions to Camp Katonim

- 1.. Hwy 404 to Woodbine (last exit)
2. Turn left onto Woodbine Avenue (north ~23 km) to Boyers Road
3. Turn left at Boyers Road (west) to Metro Road North (approximately 2 – 3 minutes)
4. Turn right at Bouchier Street. Turn right at Pine Post Road. Camp Katonim will be on your right side.



Camp Schedule , Summer Season 2023

(New this season - 2-week sessions)

Session 1 Monday July 3rd to Friday July 14

Session 2 Monday July 17 to Friday July 28

Session 3 Monday July 31 to Friday August 11

Session 4 Monday August 14 to Friday August 25

A TYPICAL DAY AT CAMP

Every day at Camp Katonim is a little different and special in its own way! The schedule rotates daily so every cabin has the opportunity to experience all of the exciting programs that we offer. Below are two sample schedules to give you an idea of what a day at Katonim looks like.

	Sample T&T / Junior Camp Schedule	Sample Senior Camp Schedule
8:45 am	Drop off at camp	Drop off at camp
9:00 am	Flagpole begins	Flagpole begins
Period 1	Landsports at Main Camp	Sail at the Waterfront
Period 2	Arts and Crafts at Main Camp	Ski at the Waterfront
Period 3	Nature at Main Camp	Canoe/kayak at the Waterfront
Lunch	Camp-wide picnic style lunch followed by Free Time at Main Camp	Camp-wide picnic style lunch followed by Free Time at Main Camp
Period 4	Swim at the Waterfront	Tennis at Main Camp
Period 5	Paddleboarding at the Waterfront	Performing Arts at Main Camp
General Swim	Free time at the Waterfront	Free time at the Waterfront
4:15 pm	"Tree!" - celebrations for the day and cheers	TREE !
4:30pm	End of Day - dismissal - Bus departs or parent pick-up	End of Day



CAMPER TIERS

Twix and Tweeners

· Kids entering JK and SK

Junior Campers

· Kids entering Grades 1 - 4

Senior Campers

· Kids entering Grades 5 - 9

Leaders in Training (LITs)

· Students entering Grade 9

Counsellors in Training (CITs)

· Students entering Grade 10

Head Staff team:

Camp Administrator	Rhonda Cook
Head of Waterfront/1st aid (water)	Anthony Meles
Head of Junior Camp	Sierra Zieper
Head of Senior Camp	Jordyn Zieper
Head Twix & Tweeners	Ela Clarke
Head Tripper / Nature /Sports	Billy Hadden
Director of Arts & Programming	Sydney Broughton



MORNING ARRIVAL

Morning Arrival (see next page for Bus Campers)

Camper drop-off at Katonim starts at **8:45 a.m.** at our main parking lot on Pine Point Rd. We ask that you stay in your car and drop off in succession.

Staff members will escort campers into camp. Please be patient and cooperative.

Walkers/bikers will arrive at the tunnel on Balfour Beach Rd and be escorted individually to main camp.

Camp starts promptly at **9:00 a.m.** Attendance is taken each morning.



Safe Arrival Program

The Safe Arrival Program ensures campers arrive safely at camp each morning. If your child is going to be absent, please let the camp office know as soon as possible. Please call the Main office number at 416.907.9908 by 7:30 am. If an absence is not reported and your child is not at camp, we will call you to ensure they are safe.



MORNING ARRIVAL - BUS CAMPERS

Camp Katonim offers **2 FREE DIRECT** buses to camp.

Please check link for locations and departure / return information - [Bus transportation information](#)

Camp Katonim Staff members accompany the campers on the bus to ensure proper supervision and safety. Campers will be greeted at camp by staff members who will escort them to their cabin.

NORTH BUS STOP LOCATION

Westmount Collegiate Institute
1000 New Westminster Drive, Thornhill

Pick-up at bus stop: 7:50 am

Arrive at camp: 8:40 am

Depart camp: 4:30 pm

Drop-off in city: 5:45 pm

SOUTH BUS STOP LOCATION

Armour Heights Community Centre
2140 Avenue Road, North York

Pick-up at bus stop: 7:50 am

Arrive at camp: 8:40 am

Depart camp: 4:30 pm

Drop-off in city: 5:45 pm



DISMISSAL

Pick Up/Dismissal

Dismissal and bus departure is at **4:30 pm**

Dismissal takes place with the entire camp gathered at the Waterfront.

Campers will sign out with their counsellors at the end of the day.

Early Pick Up

If you need to pick up your child prior to regular dismissal times, please notify the camp office. A note or phone call specifying the name of the child and the time of pick up is required. Your child will be brought to the office at the allotted time and supervised until your arrival.

LUNCH ROUTINES

Campers should bring a labelled lunch bag. Extra drinks and snacks are strongly encouraged.

Lunches are refrigerated until lunchtime. If your child requires any extra snack during the day, please pack it separately in your child's knapsack for easy accessibility.

We are a *Nut Aware* camp – please do not send any food that contains NUTS or NUT PRODUCTS. If you are packing a peanut butter substitute in your child's lunch, please label it clearly.

At Camp Katonim we are environmentally aware and encourage our campers to bring reusable containers and to limit litter as much as possible.

TRANSPORTATION

Bussing

Depot bussing is offered from Thornhill and Toronto. Bus pick up locations and times are determined based on enrollment. Campers are dropped off at camp by 8:45 a.m. and leave the camp at 4:30 p.m.

Biking

Campers riding their bikes to camp should lock them up by the tunnel. Bikes are not permitted on camp property. Campers may not ride their bikes during camp hours. The camp is not responsible for damaged, stolen or lost bicycles.



WHAT TO WEAR TO CAMP

- ✓ Comfortable, lightweight clothing, (weather appropriate)
- ✓ Sun Hat (I.e, baseball cap, bucket hat, etc)
- ✓ Sunscreen
- ✓ Bathing Suit (under clothing)
- ✓ Appropriate footwear

WHAT TO BRING TO CAMP

- ✓ 1 or 2 Towels
- ✓ Sunscreen (labelled)
- ✓ Sun Hat (labelled)
- ✓ Labelled refillable Water Bottle
- ✓ Extra Clothing (e.g., t-shirt, shorts, underwear, bathing suit)
- ✓ Plastic Bag (for wet clothing)
- ✓ Weather-appropriate Clothing (rain gear, rubber boots, sweatshirt, etc)
- ✓ Appropriate Footwear (closed toed shoes for land sports)
- ✓ Lunch, Snacks, Drinks
- ✓ OPTIONAL: Sunglasses, Water Shoes, Insect Repellent, 'Sun' Shirt, face mask

WHAT NOT TO BRING TO CAMP

- Cell Phones
- Toys
- Electronic devices of any kind
- Jewellery/Valuables

Lost and Found

Please **label everything** clearly with your child's first and last name to ensure items are returned. There is a lost and found located in the Rec Hall and at the Waterfront. Counsellors will also 'display' misplaced items near the tree at time of pick up.

Please note that Camp Katonim cannot take responsibility for lost items





ACTIVITIES

Camp Katonim offers a variety of camp activities, full of exciting programs.

Our energetic staff will provide age-appropriate instruction and practice in a wide range of sports and games, including:

Land Activities

Tennis	Drama	Ping Pong
Baseball	Dance	Hockey
Tetherball	Archery	Basketball
Outdoor Recreation	GaGa	Nature
Basketball	Arts & Crafts	... and more!
	Ceramics	

Waterfront Activities

Rec Swim	Fishing	Water Climber
Canoeing	Kayaking	Water Basketball
Paddleboarding	Sailing	... and more!!
Water-Skiing / Wakeboarding	Pontoon	

Swim Program

The safety of our campers is our utmost priority. Our swim staff are trained instructors and lifeguards, who are also fully qualified in first aid and CPR.

On their first day, all campers must take a camp swim test to determine their level of participation in the camp's various water activities. This test is necessary to ensure the safety of all campers.

Please note swimming is weather permitting.

Head counts and the buddy system are routinely applied.

Campers with lower skills in swimming will be provided with a life jacket, or they can bring their own for daily swims.

All campers must wear a lifejacket, provided when participating in water activities that use boats, such as canoeing, or water skiing.

Sun Safety

At Camp Katonim we take Sun Safety very seriously as our campers spend a lot of time in the sun and in the water. Our Counsellors will assist in reapplying sunscreen throughout the day and



ensure campers are wearing their sun hats and 'sun' shirts. However in order to comply with these standards, we ask the following of our parents:

- Please liberally apply sunscreen to your child(ren) before camp.
- Please pack a labelled 'waterproof' sunscreen in your child's knapsack everyday.
- Please pack a refillable, labelled water bottle.

SPECIAL EVENTS

In addition to our regular camp activities, Camp Katonim program is enhanced with a variety of theme days and camp-wide events. Special snacks, games, activities and costumes augment these events, heightening the Camp Katonim experience. Please check the Activity Calendar for specific dates of our Special Events.

Theme Weeks

Each week will entail a different theme. Some activities will be planned around the theme, and may include outfits or costumes.

Evening Programs

A day at Camp Katonim never ends. We offer weekly Evening Programs and expect another year of overwhelming participation from campers, staff and parents.

Hobby Hubs

Every Wednesday evening from 7:00 pm to 8:15 pm is Hobby Hubs. Campers are invited to choose from a variety of exciting activities including land/water sports, and other artistic pursuits. Bonfires conclude the evening's events. Bussing campers staying for hobby hubs will be supervised by staff and given dinner before hobby hubs start.

Overnight Trips

Camp Katonim offers overnights throughout the summer, giving campers a taste of the camping experience and the great outdoors. Participation in Overnight Trips is optional.

Overnight schedule:

Week 2	July 12	BG 1/2 - Balsam Lake Provincial Park
Week 4	July 26	BG 3/4 – Balsam Lake Provincial Park
Week 6	Aug 9	BG 5/6 – Sibbald Provincial Park
Week 7	Aug 16	BG 7/8/9 – Balsam Lake Provincial Park

On the days of the overnight, all participating campers will arrive at Katonim at the usual arrival time. Campers will be prepped about what to expect on the overnight and will depart by bus at 10:30 am.



Packing list:

- Sleeping bag
- Toothbrush and toothpaste
- hairbrush
- Change of clothes
- Sunscreen bug spray
- Relevant medication (cleared with camp nurse, office and staff are aware they have it/what it's needed for/how to administrate)
- Bathing suit + towel
- Hand towel
- Close toed shoes + sandals/flip flops
- Pjs
- Sweater
- Cloths for next day
- Backpack for personal belongings



ADMINISTRATION

All forms can be found online at www.campkatonim.com, or from the camp office. Please fill out all required forms and submit *before* camp commences.

Registration Forms

Registrations may be made in any prior week. There are no same-day registrations. Campers must be registered by *noon (12 p.m.) on the Wednesday of the week before.*

Health Forms

Please complete and return the **Medical Form** (one per camper) prior to your child's first day of camp. Be sure to include any special needs your child may have (i.e. Epi-pen, allergies, dietary needs, etc.)



Swim Forms

Please complete and return the **Swim Information Form** (one per camper) before your child's first day of camp. This form helps our waterfront staff prepare for all levels of swimmers.

Excursion Permission Forms

For those occasions when campers may leave camp property (e.g. intercamp activities or nature hikes). CIT excursion and Overnight forms will be sent out closer to the date of the excursion.

Sick Policy

Campers should not be brought to camp if they are displaying signs of illness.

Campers must perform a [COVID-19 screening](#) (located on our [website](#)) each day prior to arrival at camp. In the event that a camper does not pass the screening, they should not attend camp.

If a camper begins displaying symptoms, they will immediately be sent to the isolation tent to wait for a family member to pick them up.

Please read our COVID-19 Safety Measures section for more information.

Sick campers will not be able to take the bus home. Other arrangements will need to be made

COMMUNICATION

Activity Calendar

Check our website for the weekly Activity Calendar.

E-mail

If you would like to receive any updates regarding your camper via email, please ensure this portion of the Registration Forms is clearly filled in. Email updates may include notification of unscheduled events, changes to programming, etc.

At Camp Katonim we strive towards keeping the lines of communication open between our staff and our parents. We welcome any concerns or comments you may have throughout the summer. Please email Rhonda at Office@campkatonim.com for questions or to arrange a conversation with a member of the Head Staff team or the Director.



SAMPLE T&T / JUNIOR CAMP SCHEDULE

8:45 am	Drop off at camp
9:00 am	Flagpole begins
Period 1	Land sports at Main Camp
Period 2	Arts and Crafts at Main Camp
Period 3	Nature at Main Camp
Lunch	Camp-wide picnic style lunch followed by Free Time at Main Camp
Period 4	Swim at the Waterfront
Period 5	Paddleboarding at the Waterfront
General Swim	Free time at the Waterfront
4:30 pm	End of the day

SAMPLE SENIOR CAMP SCHEDULE

8:45 am	Drop off at camp
9:00 pm	Flagpole begins
Period 1	Swim at the Waterfront
Period 2	Ski at the Waterfront
Period 3	Canoe at the Waterfront
Lunch	Camp-wide picnic style lunch followed by Free Time at Main Camp
Period 4	Tennis at Main Camp
Period 5	Performing Arts at Main Camp
General Swim	Free time at the Waterfront
4:30 pm	End of the day



CODE OF CONDUCT

We offer a positive, safe and respectful environment for all, and encourage all Campers to demonstrate respectful and appropriate behaviour towards their peers and the Camp staff. To ensure that Camp Katonim is fun and exciting for everyone, there are some basic rules that must be followed to maintain a safe and healthy environment for all campers.

Please review the guidelines of behaviour below with your child(s) before they attend camp.

As a camper at Camp Katonim, I agree that I will:

- Always try to do my best
- Be kind and respectful to everyone at camp
- Be responsible for my own actions
- Keep my hands to myself
- Respect other people's property
- Have fun in ways that are safe to others and myself
- Not use profanity or say unkind words
- Remember to be a good sport at all times
- Tell my instructors when I need help

Respectful and appropriate behaviour includes:

- Following the Camps rules of the beach
- Not leave the Camp grounds without permission
- Not littering
- Not hitting, kicking, biting, or showing any other form of violent/aggressive behaviour
- Not using profane language or making profane gestures
- Not teasing, taunting or gossiping
- Not bullying or intimidating others in any way
- Not bringing electronic devices such as iPods/ MP3s, DS, Cell Phones etc. to camp

Please note that disciplinary measures may result for those who do not follow the behaviour guidelines listed above.

Verbal, then written warnings will be given and may lead to suspension and expulsion. Grown ups will be informed about any infractions.

Any questions about our policies, please contact the camp office.



INCLUSION POLICY

At Camp Katonim, our goal is to promote a culture of inclusiveness where children of all abilities are welcome to experience and enjoy camp activities without barriers. We support inclusion among staff, campers and families.

We are committed to open and ongoing communication with parents/guardians to ensure the best camp experience for every child, by involving them to help identify issues to make activities accessible. We continuously review and update policies and practices that recognize the core principles of independence, dignity, integration and equal opportunity.



At Camp Katonim we abide by the following policies to promote a culture of inclusion:

- Administrative and operational policies are reviewed and updated regularly to support our goal of promoting a culture of inclusiveness.
- We recruit and train staff who are able to identify and address accessibility issues at the camp. General staff training includes the key components of the *Accessibility for Ontarians with Disabilities Act, 2005*, with a focus on customer service; communication with clients with various types of disabilities, and how to interact with those who use assistive devices and/or require the assistance of a support person or service animal.
- All programs and activities are reviewed regularly to ensure barriers are identified and removed to ensure participation of children of all abilities.
- Weekly enrolment is reviewed in advance by camp staff to ensure children with special needs are identified and adequate accommodations are available.
- The Camp Director will arrange a meeting with parents/guardians of children with special needs to:
 - review the *Camp Katonim - Inclusion Policy* in detail
 - identify the specific needs of the child and confirm that they can be reasonably addressed at Camp Katonim
 - develop a mutually agreeable plan to accommodate those needs
 - establish ongoing communications to monitor the success of the plan and adjust for any issues that may arise to enable the child to fully participate in camp programs and activities
 - The meeting may occur by telephone; however, an in-person meeting is recommended.
- We welcome service animals such as guide dogs, or other service animals for children that require them where legally permitted.
- Where a support person is required to provide a child with 1:1 supervision, parents/guardians will be responsible for the arrangements and all associated costs. There will be no additional camp costs for the support person to attend with the child. As part of the orientation process, camp staff will request any relevant documentation and/or procedures that may be required to address the needs of a child accompanied by an assigned support person.



It is the mandate of Camp Katonim to operate camp under the following principles:

- Provide a safe and healthy environment for campers and staff.
- Prevent the spread of the virus that may cause illness to Katonim campers and staff, parents, and the external community.
- Communicate accurately and in a timely manner with staff, campers and families regarding COVID-19 developments and resulting protocols.
- Stay informed on updates and advice from York Public Health and the Government of Ontario and implement changes, as necessary.
- Strictly enforce guidelines set out for staff, campers and parents.

Measures we are implementing to reduce the impact of COVID-19 on our camp programs:

Staff Training

Prior to the start of camp, all staff will be trained in COVID-19 Safety Protocols as part of their Professional Development. Ongoing training will be provided, as necessary. Pre-Camp Training will be done virtually and/or in-person, while socially distanced, based on Provincial guidelines.

Masking Policy

Camp Katonim will support all camp participants who choose to wear masks while indoors during the Summer of 2023.

Physical Distancing

“Physical distancing” refers to the advice that individuals should avoid close personal contact and maintain 2 meters/ 6 feet of separation for any prolonged encounters. This will **not** be mandated within, or between, cabin groups during the Summer of 2023.

Outdoor Space

We will be prioritizing the use of outdoors during the Summer of 2023.

Our overall goal is to mitigate the potential for transmission of COVID-19 within our camp community, and that requires the full cooperation from the entire Camp Katonim community. Only through this cooperative effort can we establish and maintain a healthy and safe camp and workplace. We will be asking campers, staff and all visitors to the camp to abide by the following safety protocols:

- All cabin groups will eat lunch outdoors (weather permitting); or in a dining tent which is well ventilated .
- When possible programming and activities will be done outdoors.
- Staff and Campers will wash hands with soap and water for at least 15 seconds when they are visibly dirty, after sneezing, coughing, blowing nose, using washroom, handling garbage, handling food, outdoor play and before/after preparing and eating food, and touching eyes, nose, or mouth.
- Although hand washing with soap and water is the preferred option; an alcohol-based hand sanitizer containing at least 70-90% alcohol provided hands are not visibly soiled is an acceptable alternative. Mechanical rubbing action is important to kill transient bacteria.
- Additional hand sanitizing stations and tissue boxes will also be located throughout the Camp.



- The use of posters and signage that remind staff, campers, and visitors to practice respiratory etiquette and hand hygiene will be placed in all relevant areas of the Camp.

Camp Bus Protocols

Our transportation service is an important part of our service to families at Camp Katonim. The following procedures will be in place for the start of camp in July to ensure the safety and well-being of all our campers:

- Parents must screen their child(ren) prior to boarding the Camp Bus each morning using the [screener](#) posted on our website. The camper may not come to Camp if any of the listed symptoms or criteria are present.
- If a camper develops any suspecting symptoms during the day, parents will be called to immediately pick up their child(ren) as they will not be able to return home via Camp Bus.
- Windows will be open for fresh air, not recycled air.

Suspected or Confirmed Covid Case on Site Protocols

- Any person on campus who is suspected of having Covid-19 (multiple symptoms showing or had exposure to someone who tested positive) will be escorted by their staff member (after equipping themselves with additional PPE) and isolated in our camp isolation tent where they will be supervised by our staff.
- A health care designated staff will support your camper while Office Administrator will contact the participant's parent/guardian to immediately pick them up and recommend PCR testing takes place.
- Testing and isolation procedures will align with the [COVID-19 Integrated Testing & Case, Contact and Outbreak Management Interim Guidance: Omicron Surge Guidelines](#).



DAILY BACKPACK CHECKLIST

PLEASE LIMIT TO 1 BACKPACK & 1 LUNCH BAG TO ALLOW FOR EASY TRANSPORT AND LESS LOST ITEMS

PLEASE LABEL EVERYTHING!!

- | | |
|---|--|
| <input type="checkbox"/> Extra Clothes | <input type="checkbox"/> Bug Spray |
| <input type="checkbox"/> Hat | <input type="checkbox"/> *Other Weather Clothes (windy, rainy) |
| <input type="checkbox"/> Sunscreen | <input type="checkbox"/> * <u>Water Shoes</u> |
| <input type="checkbox"/> Swim Suit (can be under clothes) | <input type="checkbox"/> *Sunglasses |
| <input type="checkbox"/> Towel | <input type="checkbox"/> *Extra <u>Nut-Free</u> Snacks |
| <input type="checkbox"/> Water Bottle | <input type="checkbox"/> Lunch Bag |
| <input type="checkbox"/> Plastic Bag | Sunscreen (initially applied before camper arrives at camp) |

*Optional

- *Cloth Mask

